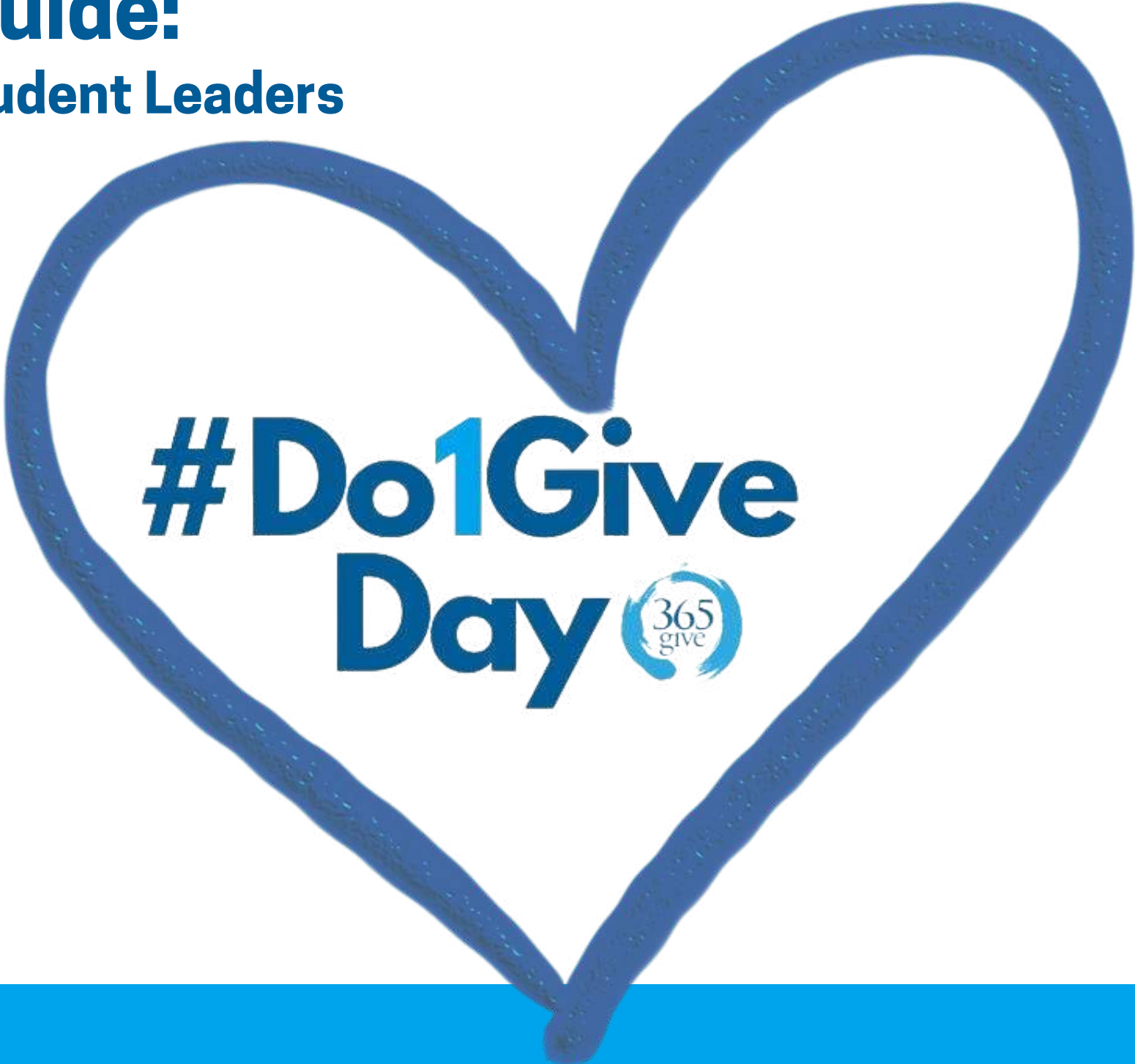


Action Guide:

Schools / Student Leaders



#Do1Give
Day 



ABOUT 365give



WHO WE ARE

365give started as a personal parenting project between a Mom and her 3-year old son. Their simple idea was to change the world one give one day at a time.

Today 365give is a global giving movement because we make giving possible for everyone.

Giving is what we all have in common.

It doesn't matter where you live, your age, your religion, your culture, gender, or socioeconomic background.

Giving is simply love in action

Straight from your heart into your hands to make a positive impact on the world around you.

Thousands from all over the world have joined us to make a happier, healthier world together!

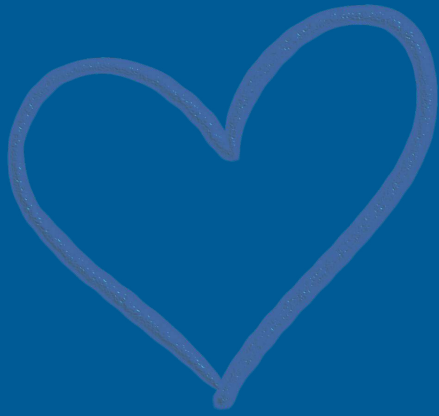


#Do1Give Day April 28, 2022

WHY GIVE EVERY DAY

The power of giving is just the boost we need every day.
When we feel **good** - we can spread the **good**!

- ✓ **Increases Feelings of Happiness and Love**
- ✓ **Increases Social Connection**
- ✓ **Increases Physical Health**
- ✓ **Increases Well-being**
- ✓ **Improves Mental Health**
- ✓ **Reduces Stress**



WHAT IS #Do1Give Day



WHAT IS #Do1Give DAY

#Do1Give Day was created in 2017 in partnership with youth leaders. Youth wanted to be the drivers of this initiative to engage and empower students of all ages to create positive change in the world. A one-day giving event that was simple and easy for everyone.

#Do1Give Day works on the simple 365give premise that everyone has the power to give in small ways creating a large impact as a collective community.

It has now turned into a worldwide global giving day powered by student leaders and the power of social media to do a whole lot of good in the world.

It's one day we can all come together and give in a way that works for you! We spread the love, spread the good and most of all spread the happiness!



#Do1Give Day April 28, 2022

WHAT WE HAVE ACCOMPLISHED TOGETHER

Every small act of giving creates a ripple x 3.



- ✓ **155,000** Small Acts of Giving
- ✓ **465,000** The Ripple Effect
- ✓ **80** Countries

The world is filled with **7 billion people**.

Imagine if each of us promised to #Do1Give.

Just one small act of giving to bring a bit of love into the world.

Imagine the impact, imagine the change we would make together!

WHY TEACH GIVING AT SCHOOL (ONLINE OR IN-PERSON)

**Bringing your school community together
is more important than ever before!**

- ✓ **Integrates Social-Emotional Learning**
Increases social connection
- ✓ **Improved academic success**
Increases productivity and creativity
- ✓ **Peer acceptance**
Confidence
- ✓ **Compassion / Empathy**
Positive Mindset
- ✓ **Reduces bullying**

#Do1Give Day April 28, 2022



IT'S AS
EASY AS
1,2,3

HOW TO #Do1Give

Step 1

Make the #Do1Give Day Promise

Mark the date in your calendar right now and announce it to the entire school.

Step 2

Make a Plan

Create student leadership teams to encourage and promote the event. Check out all our ideas and make it fun!

Step 3

Count & Share

Let the world know how you choose to give! Take a picture, make a video share on social media and tag us! We add it all to the total!



**Action Plan Ideas
Elementary Schools**



#Do1Give Day Ideas: Elementary School

A few ideas for students individually, as a class or an entire school!

- **Gratitude Challenge:** Download and print the challenge for each student. Have everyone fill The Big Gratitude Heart with love!
- **Happy Little Moment Cards:** Download the #Do1Give Day cards or make your own to share and spread around the school or the community.
- **The Free Rice Game** (freerice.com) This game donates rice to the hungry with every vocabulary question answered correctly. Play as individuals or as a class. (for grades 5 and up)
- **Plant Seeds:** Every student plants a seed at school to transplant to their home or school garden once it begins to grow.
- **Book Swap:** Have each student bring in two books they are done with to swap with other students in the classroom.
- **Animal Rescue:** Ask every student to bring in a donation for a local animal rescue shelter.
- **Sock Drive:** Have every student in the school bring in socks to donate to a local homeless shelter. Set a BIG Goal!
- **Giving Bingo!** Download our #Do1Give Day Bingo sheet. Fill in your own ideas or use ours. How many small acts of giving can the students complete?





**#Do1Give
Day** 

**Action Plan Ideas
High School /
Student Leaders**



#Do1Give Day Ideas: High Schools

#Do1Give Day is a great opportunity for students to become leaders, fulfill volunteer hours and create social connections in school and in community.

- 1. #Do1Give Day Club:** Start a school club inviting lots of students to join! Make plans to role out #Do1Give Day at your school with small giving activities that will encourage everyone.
- 2. Happy Moment Cards:** Create a social area set up tables with lots of chairs with paper and markers. Ask students to make handmade cards to give to friends or family with positive messages and hearts to spread the love.
- 3. Feed a Community Need:** Plan a food drive, a sock drive, an animal rescue drive at school and ask everyone to bring one item to support the need in your community.
- 4. Free Rice Game** ([freerice.com](https://www.freerice.com)). This is a great one for remote learning schools. Send an email to every student asking them to play the Free Rice game for 5 minutes. Add up how much rice your school has donated.
- 5. Community Garbage Clean-Up** Plan a community clean-up during lunch breaks or after school.



Social Media Campaign



LET'S MAKE GIVING GO VIRAL!

SPREAD THE LOVE ON SOCIAL!

Social Media has the power to inspire others and show the world you are stepping up to be part of the positive change in the world!

LET'S MAKE GIVING GO VIRAL!

1

Make the #Do1Give Day Promise:

Make the #Do1Give Day promise on the school's social media accounts. Tag other schools in your district to join. (check out our social tools)

2

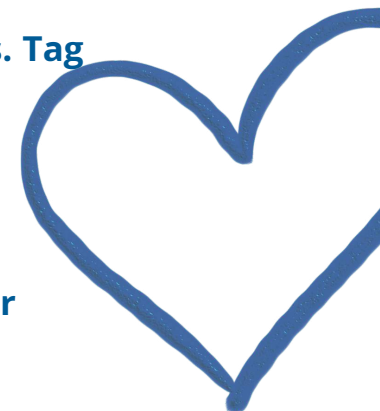
SHARE:

On April 28, 2022, post a picture/video of your small act of giving in your school. Use the hashtags #Do1Give #365give

3

RIPPLE:

Help spread the love! Tag your school district and other schools to spread the love!



YOU CAN FOLLOW ALONG ON:



@365give.ca
@do1giveday



@365give



@365give



@365give

WE ARE CHEERING YOU ON!

Reach out to us
for support and
inspiration any
time!



www.365give.ca

Changetheworld@365give.ca

